

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R48.00	R73.00

Insert Rates	Rate/1000
Tabloid	R679.00
Tabloid	R782.00
Tabloid	R898.00
Tabloid	R1034.00
Tabloid	R1188.00
Tabloid	R1366.00
Tabloid	R1571.00

### Distribution Areas

Gordonsbay, Grabouw, Hermanus, Macassar, Somerset Wes, Stellenbosch, Strand

## Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Address	Inserts Delivery Contacts
District Mail	Monday	Tuesday	1 week prior	Thursday & Friday prior	Paarl Coldset, 5 Lynx Road, Paarden Island, Cape Town, 7420	(021) 514 5503