

# Adspace24 SeenThis Video Specs 2023

## High Res

- **Resolution / Aspect Ratio:** 1280x720, 1920x1080 (9:16 / 16:9) or 720x720, 1080x1080 (1:1)

## Requirements:

- **File type:** Mp4
- **Encoding profile:** H.264, Baseline 3.0
- **Frame rate:** 25fps
- **Sound:** Yes

